



Mencap Sport
6A Calder Vale Road
Wakefield
W Yorkshire
WF1 5PE
Telephone: 01924 234912
Fax: 01924 363816
sport@mencap.org.uk
www.mencap.org.uk/sport

Mencap Sport National 5-a-side Football Championships

The Goals Centre, Redcote Lane, Leeds, LS4 2AW

Saturday 6 June 2009

Entries are invited from teams who would like to participate in the 2009 Mencap Sport National 5-a-side football championships. The event will again take place at the Goals Centre in Leeds on 6 June 2009. Teams will be expected to arrive no later than 10.30 for registration, with the competition being played between 11.00 am and 4.00 pm.

There will be four sections:

- Lower Novice
- Novice
- Intermediate
- Advanced (part invitation)

Details:

- The tournament is open to both Mencap and non-Mencap clubs (first come first served)
- Each team will comprise of no more than 8 players
- All players must have a learning disability
- All players must be over 16 years of age
- Entry fee is £20.00 per team
- Games will be played outdoors, in enclosed Astroturf courts
- Entries must be received at Mencap Sport by **Wednesday 6 May 2009**

Please complete and return the attached entry form, with a cheque made payable to **Mencap** to

Kathy Anstey
Mencap Sport
6a Calder Vale Road
Wakefield
W Yorkshire
WF1 5PE

Entries must be received by the **closing date (06 May 2009)** to allow enough time to make all the necessary arrangements for the day. If you cannot meet this, please ring Kathy Anstey on 01924 234912.

Further details, including maps, directions, rules and team sheets will be sent to teams after the closing date.

Mencap Sport National 5-a-side Football Championships

The Goals Centre, Redcote Lane, Leeds, LS4 2AW



Saturday 6 June 2009

Rules 2009

- o The duration of all games will be 10 minutes (no half time)
- o Outfield players may not enter the keeper's area (Goalkeeper's ball or Penalty)
- o The keeper cannot go outside the goal area
- o The keeper cannot kick the ball out – it must be thrown
- o The keeper cannot throw the ball beyond the half way line without it first bouncing or touching another player
- o If the ball goes out of play at the sides, play re-commences with a kick-in (except when it's the keepers ball)
- o The ball may be played above head height
- o Opponents must be at least two yards from the ball at all dead ball situations
- o A goal may be scored direct from a centre or free-kick, but not a kick-in (unless it touches another player first)
- o Pass-backs to the keeper are allowed
- o Rolling substitutions are permitted, with the referee's permission (when the ball is out of play, or when in the keeper's possession)
- o In the group stages, the team that finishes in first place after the fixtures are completed is the winner. If one or more teams finish with equal points, the placing will be decided by goal difference, then goals scored, then the result between the two teams. If the teams are still tied, a penalty shoot-out will take place (5 penalties and then sudden death). A penalty shoot-out will only take place for teams tying in first, second or third place.
- o Under no circumstances may a player be borrowed from a team from the same club
- o If a team needs to borrow a player it must be from another club playing in the same group

Mencap Sport National 5-a-side Football Championships

The Goals Centre, Redcote Lane, Leeds, LS4 2AW



Saturday 6th June 2009

Ability Levels

Deciding what Level to enter your team at

Ability banding is about ensuring that teams and players are evenly matched. This way, everyone can be given the opportunity to play competitive football at a level that is right for them. If this works, we get fair, honest and even games and a great competition for all.

Entries for this year's event start at four levels. On the day of the tournament, each level will be graded into sub divisions, following a number of grading games (depending on entries).

The table below highlights the ability levels that the event will cater for and compares these to some of the different ability bandings that are in use by various organisations. The comparison is only a guide to help you decide what level your teams should be entered in.

Ability levels	Special Olympics	Ability Counts
Advanced	A Band	Premier League
Intermediate	B Band	Championship
Novice	C Band	Division One
Lower Novice	D&E Band	Division One/Two

Please note that higher-performance players playing in a lower band, will result in your team being moved to a higher division or group (regardless of the pre-tournament grading games).

The "Ability Bandings" section of www.disabilityfootball.co.uk provides detailed guidance on ability levels including the definitions of the different standards.

Please use this guidance to ensure that you submit a fair and honest entry.

Please Remember:

Entries must be received at the Mencap Sport office by Wednesday 6 May 2009.



Mencap Sport
6A Calder Vale Road
Wakefield
W Yorkshire
WF1 5PE
Telephone: 01924 234912
Fax: 01924 363816
sport@mencap.org.uk
www.mencap.org.uk/sport

Mencap Sport National 5-a-side Football Championships

ENTRY FORM

Please complete all sections

1. Please enter your team name & contact details

Team Name	
Contact Name	
Contact Address	
Telephone Number(s)	
E-Mail Address	

2. Please indicate the ability level of the team(s)

	Ability Level	Special Olympics	Ability Counts	Discipline	Max Squad Size	Entry Please tick
1	Advanced	A Band	Premier League	5-a-side	8	
2	Intermediate	B Band	Championship	5-a-side	8	
3	Novice	C Band	Div One	5-a-side	8	
4	Lower Novice	D & E Band	Div One/Two	5-a-side	8	

There is a £20 entry fee per team (Cheques should be made payable to **Mencap**)
Please return the completed form, with payment to the address above.

Entries must be received at the Mencap Sport office by Wednesday 6 May 2009

All entrants should meet the criteria to compete as an athlete with a learning disability. That is, they have been identified by an agency or professional as having a general learning disability/IQ of 75 or below.

LEARNING DISABILITY DOES NOT INCLUDE physical or sensory impairment, emotional/behavioural impairments or specific learning difficulties. The organisers may refuse entry to any athlete who, in their opinion, does not meet the eligibility criteria.

Photography Consent:

Mencap Sport may take photographs/recording of you whilst at this event. These images may appear in publicity material or websites. If you do not consent to this, please tick here

This form is also available on line at: www.mencap.org.uk/sport and www.disabilityfootball.co.uk/Mencap.html